

# Red River UU Behavioral Covenant

Adopted by the Congregation on November 8, 2009

Reaffirmed October 20, 2013

Reaffirmed October 30, 2016

Reaffirmed October 21, 2018

Reaffirmed October 20, 2019

Reaffirmed October 17, 2021

Reaffirmed October 22, 2023

We, the members of Red River Unitarian Universalist Church, affirm that *in our interactions with each other:*

*We will communicate with **respect** and genuine positive regard*

- By recognizing positive characteristics in others
- By giving and receiving both information and opinion with respect
- By separating our feelings about people from our opinions of their behavior
- By considering others' perspectives
- By respecting each other's privacy and need for confidentiality

*We will communicate with care to preserve our sense of **community** and belonging*

- By supporting the congregation, its mission, and vision
- By looking for common ground
- By participating actively while reserving the right to pass
- By expecting and accepting unfinished business

*We will communicate with **autonomy** to preserve our personal and collective **integrity***

- By speaking from our own experiences
- By practicing forgiveness and finding our own absolution
- By recognizing when to let go
- By maintaining clear boundaries and monitoring our own status within this
- covenant

Further, we resolve that in our interactions with one another there is no room for assumptions, judgments, accusations, side conversations, or triangulated communication.